

OUTDOOR LEARNING WITH MOBILE TECHNOLOGY: A SYSTEMATIC REVIEW

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ABSTRACT

In outdoor learning with mobile technology, students use mobile technology for learning in an outdoor setting, for example in a park or a garden. To understand how mobile technology has been used in outdoor learning, a systematic review was carried out. A number of reviews on mobile learning and on specific sub-areas of mobile learning, such as language learning or computer education have been published in scientific journals and at conferences. So far, however, no systematic review has focused on outdoor learning with mobile technology. To guide the review the following research questions were posed: “Which are the educational subjects and educational levels in outdoor learning with mobile technology?” and “What types of technologies for positioning or navigation, augmentation, and methods for data collection and annotation are used in outdoor learning with mobile technology?”. In total 87 articles, published between 2004 and 2019 were included in this review. Conclusions were that biology was the most common subject, primary or elementary school the most common educational levels, GPS was the major technology used for positioning and navigation, AR was the most common technology used for augmenting the outdoor learning environment, and taking photos and taking notes were the most common methods for data collection in outdoor learning with mobile technology. Building on the conclusions of this review and on previous reviews, suggestions are made for future research.

KEYWORDS

Outdoor Learning, Mobile Learning, Mobile Technology, Systematic Review, State of the Art

1. INTRODUCTION

One type of outdoor learning, which can be referred to as fieldwork and outdoor visits, is focused on undertaking learning activities, and is often linked to one or more curriculum subjects (Rickinson et al., 2004). In this type of outdoor learning, the learning activities could be supported by mobile technology (Suárez et al., 2018, Tan et al., 2018). Research in this area, outdoor learning with mobile technology, is the focus of this review.

OUTDOOR LEARNING WITH MOBILE TECHNOLOGY: A SYSTEMATIC REVIEW

The interest in learning with mobile technology, or mobile learning, in education is increasing (Crompton et al., 2017). With this increased interest, the number of research studies on outdoor learning with mobile technology is also increasing. To get an updated understanding how mobile technology has been used in outdoor learning, a systematic review of research in this area was carried out.

So far, few reviews intended to cover the whole research field of mobile learning have been published. Two examples of general reviews of mobile learning research are from Frohberg et al. (2009) and Wingkvist & Ericsson (2011). Frohberg et al. (2009) focused their analysis of 102 research projects on five dimensions: context, tools, control, communication, subject and objective. Wingkvist & Ericsson (2011) reviewed 114 articles from the World Conference on Mobile and Contextual Learning (mLearn) 2005, 2007 and 2008, focusing their analysis on research purpose and research method. With the growth of the research field of mobile learning these general reviews have given way for more specific reviews. In recent years, reviews on different aspects of the mobile learning research field are beginning to appear, such as Almeida & Araújo Jr (2016) focusing on science and mathematics, Crompton et al. (2016) focusing on science, Anohah et al. (2017) focusing on computer education, Kukulska-Hulme and Viberg (2018) focusing on second language acquisition, Crompton et al. (2017) focusing on educational levels from pre-kindergarten to grade 12, and Suárez et al. (2018) focusing on mobile inquiry-based learning.

Many reviews on outdoor learning have been published (e.g. Rickinson et al. (2004), and Fiennes et al. (2015)). However, so far only one review has focused on outdoor learning with mobile technology; Tan et al. (2018). They focused on a specific type of learning: inquiry-based learning in outdoor settings, and included research from only two countries: The Netherlands and Singapore.

So far there has been no systematic review focusing on outdoor learning with mobile technology. In identifying gaps in previous research, Crompton et al. (2017) also suggested that there is a need for more reviews on mobile learning to add to their review and to the research area: "Further reviews are needed to build on this study and add to the paucity of research in this area." (p. 61). To summarise, there have been a number of reviews on mobile learning in general and on specific subject areas such as second language acquisition or on specific learning approaches such as inquiry-based learning, however no systematic review has focused specifically on outdoor learning with mobile technology.

To guide the review the following two research questions are posed:

- Which are the educational subjects and educational levels in outdoor learning with mobile technology?
- What types of technologies for positioning or navigation, augmentation, and methods for data collection and annotation are used in outdoor learning with mobile technology?

Answers to the first question, on educational subjects and educational levels, allows for comparisons with results from earlier reviews on mobile learning. The second question adds to earlier reviews on mobile learning by focusing on how mobile technology is used in outdoor learning, more specifically by asking what technologies students use for positioning and navigation, what technologies students use for augmenting especially the physical environment, and how students collect data and annotate data in the field. Both questions contribute to forming a state-of-the-art as the review includes research until the end of 2019.

This review may be of interest to researchers, educators, funding agencies, and other stakeholders as it also identifies both common approaches and gaps in current research on outdoor learning with mobile technology.

2. BACKGROUND

Outdoor learning with mobile technology has two concepts that need to be described further: *outdoor learning* and *mobile technology*. In reviewing research on outdoor learning, Rickinson et al. (2004) distinguishes between three main types of outdoor learning activities:

1. fieldwork and visits to field study centres, nature centres, farms, parks or gardens
2. outdoor adventure education in local or distant settings
3. projects in school grounds or the local community. (p. 9)

The first type has a focus on: “undertaking learning activities, often linked with particular curriculum subjects”, the second has a focus on: “participation in outdoor adventurous activities”, and the third has: “a range of curricular, cross-curricular and/or extra-curricular purposes” (p. 16). Both the name and the focus of the first type of outdoor learning is in line with this review. Tan et al. (2018) argues that outdoor learning allows students to learn by interacting with the physical environment: “Learning in the authentic outdoor environment enables students to leverage on the physical affordances of the real-world platform in the meaning-making process.” (p. 25). This emphasis on making use of the physical environment in learning activities is also in line with this review.

The second concept, mobile technology, can be derived from a definition of mobile learning. One often referred to definition, from Sharples et al. (2007), suggests that mobile learning is: “the processes of coming to know through conversations across multiple contexts amongst people and personal interactive technologies” (p. 224). Given this definition, mobile technology can be described as personal interactive technology supporting interaction between people and across multiple contexts. This description of mobile technology is adopted for this review.

From the recent reviews of mobile learning, three reviews were the most relevant to the current review, as these reviews have a wider focus than one or two educational subjects and an international scope. These three reviews were: Crompton et al. (2016), Crompton et al. (2017), and Suárez et al. (2018).

In a review of mobile learning in science education, Crompton et al. (2016) reviewed 49 articles from 2000 onwards. Among the presented results are which science area the studies belong to, educational level, countries of study, and types of mobile devices. The most common science area was life science (67%), including for example biology. The most common educational level was elementary school (53%) followed by high school (22%). Taiwan (43%), followed by USA (16%), were the most common countries or regions. Mobile phones and PDAs were the most common mobile devices (30% each). 15% was reported as mobile devices in general, digital camera made up 9%, iPad 5%, and handheld, tablet and iTouch had a share of 4% each. In the discussion they note that the specific type of mobile phone or PDA was rarely mentioned in the articles, or even just mentioned as mobile device or handheld. Crompton et al. (2016) did not identify any specific mobile device as the most common, which led them to suggest that the type of device is not important for future studies: “...those interested in doing future research regarding the use of mobile technologies need not focus on the specific type of mobile device, but rather on the multifunctionality and accessibility of the device.” (p. 158).

In another review, Crompton et al. (2017) reviewed 113 articles on mobile learning from pre-kindergarten to grade 12 (PK-12), from 2010 to 2015. The results show, for example, that the most common subject area was science (56%), followed by literacy (21%), and mathematics (10%). The most common educational level was elementary school (46%), followed by middle school (29%), and high school (19%). The most common mobile device was mobile phone

(34%), followed by PDA (22%), tablet (16%), iPad (11%), ebook (2%), and iPod (1%). Taiwan (35%) was the most common country or region, followed by Singapore (9%), and USA (8%).

Crompton et al. (2016, 2017) present clear results on the educational contexts of mobile learning in science and mobile learning in PK-12 education, and which mobile devices are used. There is a knowledge gap, however, in what the mobile devices are used for, for example positioning, augmentation or for collecting data in the field. There is also a knowledge gap in what the educational subjects and educational levels are specifically for outdoor learning with mobile technology.

Suárez et al. (2018) reviewed 62 studies on mobile inquiry-based learning from 2006 to April 2016. They extracted data in five categories: direct instruction, access to content, data collection, peer-to-peer communication, and contextual support. In their results, location guidance was the most common type of direct instruction. Location guidance, by using for example GPS, RFID or QR codes, was reported in 27 of the 62 studies. Digital artifacts triggered by GPS and AR was reported as fixed content, as part of the access to content category. Fixed content was reported in 25 of the studies. For the data collection category, taking pictures, taking notes, recording video, and recording audio were all described as cooperative data collection. Cooperative data collection was the most common type of data collection, reported in 57 of the studies. In a meta-analysis they mapped the five categories to six types of agency supported by the mobile technology in inquiry-based learning. One result of the review and meta-analysis is an overview of what kind of learner agency can be supported by different parts of a mobile inquiry-based learning activity.

Suárez et al. (2018) present their results clearly on how technologies like GPS, AR and taking notes on mobile devices are used in mobile inquiry-based learning. There is a knowledge gap, however, in what mobile technologies and methods are used in other types of outdoor learning. A systematic review could contribute to filling this knowledge gap.

3. METHOD

A systematic review was conducted, based on the PRISMA statement (Liberati et al., 2009). The PRISMA statement includes guidelines for reporting of systematic reviews of interventions. This systematic review follows Liberati et al. (2009) in that it presents which information sources were used, search strategy, study selection, and data collection process. The information sources used were research databases and conference proceedings. The search strategy used both keyword search and manual search. The study selection used six selection criteria and three inclusion and exclusion criteria. The data collection process used eight categories for data extraction.

3.1 Database Selection and Search Strategy

Database searches were carried out using ERIC via EBSCOhost, Scopus and DBLP. The Title, Abstract and Keyword fields were included in this search. As a complement the main conferences focusing on mobile learning were selected for free text search: World Conference on Mobile and Contextual Learning (mLearn), and the International Conference on Mobile Learning.

The search strategy used was a combination of keyword search using databases, manual search and reference list search. Two sets of keywords were used in the keyword search; outdoor learning-related keywords and mobile technology-related keywords. The outdoor learning-related keywords were identified from outdoor learning reviews: Rickinson et al. (2004), and Fiennes et al. (2015), and the mobile technology-related keywords were identified from previous mobile learning reviews: Frohberg et al. (2009), Wingqvist & Ericsson (2011), and Crompton et al. (2016, 2017).

As the articles should include both outdoor learning and mobile technology the search was done using the following combination of outdoor learning-related keywords and mobile technology-related keywords:

- ERIC, Scopus (Title, Author keywords, Abstract): ("outdoor * learning*" OR "outdoor * lesson*" OR "outdoor * education*" OR "fieldwork*" OR "field trip*" OR excursion* OR adventur* OR "nature visit*" OR bushcraft*) AND ("mobile learning" OR m-learning OR "mobile phone*" OR "mobile device*" OR "mobile technolog*" OR smartphone OR handheld OR pda* OR "augmented reality").
- DBLP (Title, Author keywords, Abstract): Manual combination of the keywords.
- World Conference on Mobile and Contextual Learning (Full text), International Conference on Mobile Learning (Title, Author keywords, Abstract): Manual combination of the outdoor learning-related keywords without wildcards.

3.2 Selection Criteria

The overall focus for the review was: “Original empirical research on outdoor learning with mobile technology”, see Table 1. The articles were published between 2004 and 2019. This timeframe was chosen because the first studies on outdoor learning with mobile technology identified were published in 2004, and the selection includes articles published until December 2019. The geographical scope was international. All educational levels were included, ranging from pre-kindergarten to higher education including postgraduate level. Articles from all countries were included in the search, however only articles published in English were included in the selection. Only published articles that had been peer-reviewed were included.

Table 1. Description of selection criteria

Criterion	Description
Overall focus	Original empirical research on outdoor learning with mobile technology
Timeframe	2004-2019
Educational level	Pre-kindergarten to Higher education
Geographical scope	International
Language	Articles published in English
Sources	Published articles, Peer-reviewed

3.2.1 Inclusion and exclusion criteria

- For articles reporting on the same empirical study, only the last published article was included in the review.

- Included articles needed to present results from empirical trials with representative learners using some mobile technology. This means that articles presenting results from trials with colleagues, or focusing on performance, technical functionality or usability of a system without also focusing on mobile learning were excluded.
- Only articles presenting studies where some aspect of the mobile technology, hardware or software, was designed for a specific learning activity were included. Studies using off-the-shelf mobile technology or with apps not intended for specific learning activities were excluded. Studies using only laptop computers were also excluded.

3.3 Study Selection

643 articles were identified through database search and manual search: ERIC (118), Scopus (414), DBLP (18), World Conference on Mobile and Contextual Learning (63), International Conference on Mobile Learning (11). After duplicates removal and screening 145 articles remained. In the end, 87 articles met the criteria for inclusion and were included in this review.

3.4 Data Extraction

The following data was extracted from the published articles: name of study, educational subject(-s), educational level(-s), country or region, mobile device(-s), technology used for positioning or navigation, technology used for augmenting the outdoor learning environment, and method(-s) used for data collection or annotation with mobile technology in outdoor learning. The extracted data is described in Table 2. For the full list of articles with extracted data, see appendix A.

Table 2. Description of extracted data

Data	Description
Name	Name of study, or where not available, Name of project or system or course
Educational subject(-s)	Educational subject(-s)
Educational level(-s)	Pre-kindergarten, kindergarten and pre-school (typical age 1-6 years old), primary school or elementary school (6-12) secondary school or middle school (12-16), high school (16-18), higher education (18+)
Country or region	Country or region where the empirical study took place
Mobile device(-s)	Mobile phone, PDA, Tablet
Technology used for positioning or navigation	GPS, QR, RFID, WIFI, Compass, Numerical code
Technology used for augmenting	AR (Augmented Reality), 3D model, Image recognition
Method(-s) for data collection or annotation	Photo, Notes, Audio, Video, Probe

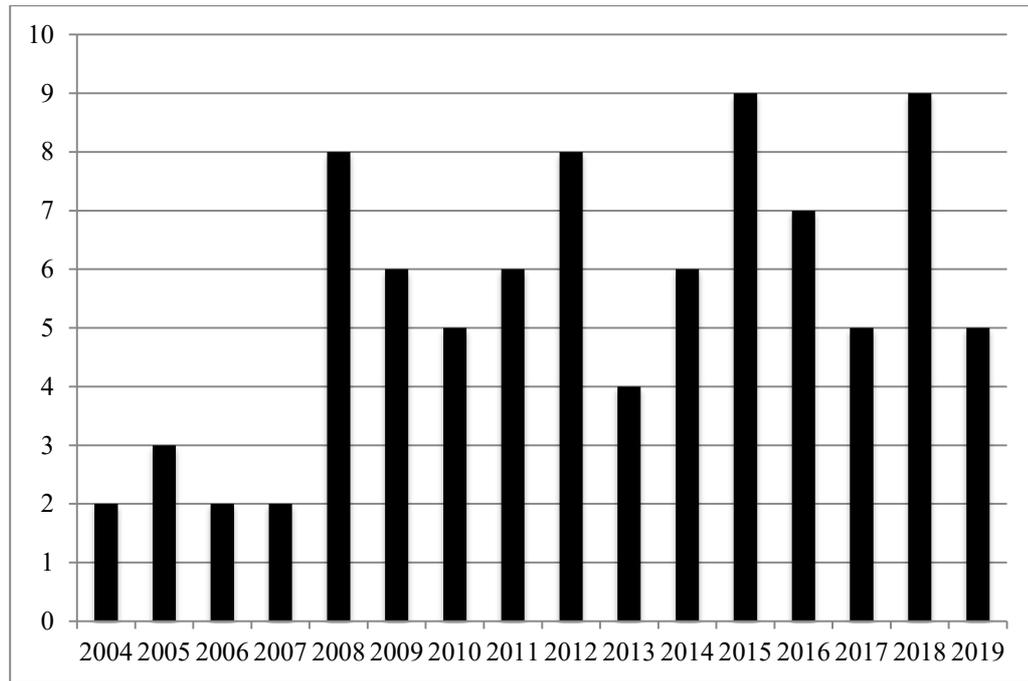
The name of the study was not always reported in the articles. In those cases the name of the project, the name of the system, or the name of the course was extracted.

The educational levels differ from country to country. That is why some educational levels have two or more names. Differences in educational levels are also the reason why typical ages are given instead of exact ages. No inter-rater reliability check was performed.

4. RESULTS

To give a backdrop to the results, the number of articles per year and per country or region are presented. The number of articles per year on outdoor learning with mobile technology increased, from two articles, which was the lowest number, in 2004, 2006 and 2007 to nine, which was the highest number, in 2015 and 2018, see Table 3.

Table 3. Number of articles per year



The top seven countries or regions to publish on outdoor learning with mobile technology were (number of articles in parenthesis): Taiwan (26), UK (7), Sweden (6), USA (6), Germany (5), Singapore (5), and Finland (4), see Table 4.

Table 4. Number of articles for the top seven countries or regions, and years of publication

Country or region	Number of articles	Years of publication
Taiwan	26	2005-2019
UK	7	2004-2012
Sweden	6	2008-2015
USA	6	2011-2018
Germany	5	2005-2018
Singapore	5	2007-2015
Finland	4	2012-2018

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Out of the 87 articles in this review, 30% were from Taiwan. The articles from Taiwan were published between 2005 and 2019. The articles from the UK were published from 2004, however the last article was published in 2012. The articles from Sweden were published between 2008 and 2015, and from USA between 2011 and 2018. The articles from Germany were published between 2005 and 2018, from Singapore between 2007 and 2015, and from Finland between 2012 and 2018.

There were articles from 16 more countries or regions: Greece (3), Israel (3), Japan (3), Brazil (2), Hong Kong (2), Italy (2), Portugal (2), Spain (2), Australia (1), Austria (1), Czech Republic (1), Estonia (1), Indonesia (1), Ireland (1), Norway (1), South Africa (1), and The Netherlands (1). The corresponding numbers for continents were: Asia (40), Europe (37), North America (6), South America (2), Africa (1), and Australia (1).

4.1 Educational Subjects and Educational Levels

The six most common subjects in the reviewed articles were (number of articles in parenthesis): biology (38), history (14), mathematics (9), language (7), geography (5) and geology (5) (see Table 5). The biology subject, reported in 38 articles, was much more common than any of the other subjects. Subjects reported in 1-4 articles were (number of articles in parenthesis): natural science (4), local culture (3), orientation (3), information and communication technology (ICT) (2), science (2), health education (2), physics (2), sustainability (2), tourism (2), archaeology (1), computer science (1), economy (1), pedagogy (1), and technology (1).

Biology was also the only subject reported on in articles from the first year of the review until the last year, 2004-2019. History, mathematics and geology were represented until 2019, while language and geography were represented in the middle of the timeframe for the review: 2008-2015 and 2005-2013.

Table 5. Six most common subjects, number of articles and years of publication

Subject	Number of articles	Years of publication
Biology	38	2004-2019
History	14	2008-2019
Mathematics	9	2006-2019
Language	7	2008-2015
Geography	5	2005-2013
Geology	5	2008-2019

Primary school or elementary school was the most common educational level with 49 articles, see Table 6. 22 articles were from secondary school or middle school. 18 articles were from higher education. No articles were from pre-kindergarten, kindergarten and pre-school.

Table 6. Number of articles and educational levels

Year	Number of articles	Pre-kindergarten, kindergarten and pre-school	Primary or elementary school	Secondary or middle school	Higher education
2004-2019	87	0	49	22	18

4.1.1 Country or Regional Comparison

One difference between countries or regions was the subject reported in the articles. For example, the most common subject in Taiwan was biology. The subject was studied in 16 out of the 26 articles from Taiwan. The second most common subject in Taiwan, history was studied in four out of the 26 articles. Biology was also the most common subject in Germany, Singapore and Finland. In Sweden the most common subject was mathematics and in USA the most common was natural science. In the UK biology and language were as common, studied in two articles each.

Another difference between countries was the educational level of participating students. For example, the most common educational level in Taiwan was elementary school. Elementary school was reported in 23 out of the 26 articles. Primary or elementary school was also the most common in (number of articles in parenthesis): Sweden (6), USA (3), Singapore (4) and Finland (2). Secondary school was the most common in the UK (3), and in Germany (3). Higher education was not the most common educational level in any of the top seven countries, however it was the second most common educational level in Taiwan (2), the UK (2), USA (2), Germany (2), and Finland (1). All students from higher education were undergraduate students, and no students were from the graduate level.

One last difference between countries or regions was the size of student groups, ranging from one student, learning individually, to nine students in a group. Out of the top seven countries or regions, the most common group size in Taiwan and Singapore was one student, corresponding to individual learning. This group size was reported in 20 out of the 26 articles from Taiwan. The second most common group size for Taiwan was five students in each group. This group size was reported in four of the 26 articles. In the UK and USA, the most common group size was two students, in Sweden it was three students and in Germany and Finland it was two or three students.

4.2 Mobile Devices

Mobile phones were the most common mobile devices, see Table 7. The use of PDAs has decreased. PDAs were used in 18 articles between 2004 and 2011 and in four articles between 2012 and 2019. However, the use of mobile phones has increased in the same time period, going from 17 between 2004 and 2011 to 32 between 2012 and 2019. The use of tablets has also increased, going from two between 2004 and 2011 to 20 between 2012 and 2019.

Mobile phones are used in much the same way as PDAs in mobile learning, and have gradually replaced them. DVD or smart watch was not part of the data extraction, however a portable DVD player was used as mobile device in one of the reviewed articles. Smart watch was not used in any of the reviewed articles.

Table 7. Number of mobile phones, PDAs and tablets (two or more mobile devices in six articles)

Year	Number of articles	Mobile phone	PDA	Tablet
2004-2011	34	17	18	2
2012-2019	53	32	4	20
Total	87	49	22	22

Mobile phones, PDAs and tablets were used both individually and in groups of two or more students, see Table 8. Mobile phones or PDAs were used in 26 articles where the group size was one student, and in 41 articles where the group size was two or more students. Similarly mobile phones, PDAs and tablets were used in two articles with one student per group and in four articles with two or more students per group. Tablets were used in eight articles with one student per group and in nine articles with two or more students per group.

Table 8. Group size compared to type of mobile device

Group size	Mobile phone or PDA	Mobile phone or PDA, and tablet	Tablet
1	26	2	8
2 or more	41	4	9

4.3 Positioning or Navigation Technologies

Technologies for positioning or navigation to learning material were used in 65 articles. One such technology was used in 55 articles. Two were used in ten articles. No article reported on using three or more technologies for positioning or navigation. In the remaining 22 articles there was no report on using any technology for positioning or navigation.

GPS was the most common technology, see Table 9. It was reported in 46 articles, published between 2004 and 2019.

Table 9. Positioning or navigation technology used, with number of articles and years of publication

Positioning or navigation technology	Number of articles	Years of publication
GPS	46	2004-2019
QR	17	2007-2018
RFID	7	2007-2019
WIFI	3	2005 and 2008
Compass	3	2012, 2015 and 2019
Numerical code	2	2008 and 2015

GPS was commonly used for guiding students through the learning activity. One example is the GeM project (Eliasson et al., 2011), where students were given tasks on their mobile phones when arriving at a new location. They also used GPS to measure the distance between two mobile phones on the opposite end of a field. They then used the distance to calculate large areas, for example a rectangle of 4000 m². The second most common technology for positioning or navigation was QR codes, with 17 articles, published between 2007 and 2018. One example is the Context-aware mobile learning system (Chen et al., 2016), where students used QR codes placed near plants on the school campus to identify the plants.

The third most common technology was RFID, with 7 articles, published between 2007 and 2019. WIFI networks were used in three articles, published in 2005 and in 2008, and compass was used in three articles, published in 2012, 2015 and 2019. A numerical code is typed in manually to get the current position. Numerical codes were used in two articles, published in 2008 and 2015.

4.4 Augmenting Technologies

Technologies for augmenting the outdoor learning environment were used in 20 articles. One such technology was used in 14 articles. Two were used in six articles. No article reported on using three technologies for augmenting the outdoor learning environment. In the remaining 67 articles there was no report on using any technology for augmenting the outdoor learning environment.

AR was the most common technology, see Table 10.

Table 10. Augmenting technology used, with number of articles and years of publication

Augmenting technology	Number of articles	Years of publication
AR	14	2009-2019
3D model	9	2008-2019
Image recognition	3	2005-2012

AR was used in 14 articles published between 2009 and 2019. AR was used in seven articles in the last two years, 2018-2019, the same numbers as in the previous years of the review. One example of AR is from Chien et al. (2019), where students scanned AR markers placed near or on plants on the school campus to see 3D images of the plants. The second most common technology was 3D models, with 9 articles, published between 2008 and 2019. One example is from Chin et al. (2019), where college students used an AR-based mobile learning system for learning about historical buildings. The students could use their mobile phones to manipulate 3D models, accessed by scanning information signs or other physical objects near the buildings. The third most common technology was Image recognition, with 3 articles, published between 2005 and 2012. One example is the EduPARK project (Pombo and Marques, 2019), where students and visitors to a local park used AR to learn about historical and regional issues, using image recognition of historical tiles as markers.

4.5 Methods for Data Collection or Annotation

In 48 articles, students used methods for collecting data or making annotations. One such method was used in 18 articles. Two were used in 21 articles. Three were used in eight articles. Four were used in 1 article. No article reported on using five methods. In the remaining 39 articles there was no report on using any method for collecting data or making annotations.

The most common method students used for collecting data in the field was taking photos, and the most common method for annotation was taking notes, see Table 11.

Taking photos was used in 40 articles, published between 2005 and 2019. One example is the Nature Tour (Rikala, 2015), where students took photos of species, for example different kinds of red berries, to be able to identify trees close to the school campus. Taking notes on mobile technology was used in 20 articles, published between 2005 and 2018. The third most common method was recording audio, with 13 articles, published between 2008 and 2018. One example is the Participate project (Woodgate et al., 2008), where students recorded sound and took photos of the environment on their daily journeys between home and school, which could then be visualized on a map.

Table 11. Methods for data collection or annotation, with number of articles and years of publication

Methods for data collection or annotation	Number of articles	Years of publication
Photo	40	2005-2019
Notes	20	2005-2018
Audio	13	2008-2018
Video	10	2008-2019
Probe	6	2004-2018

The fourth most common method was recording video, with 10 articles, published between 2008 and 2019. The fifth most common method was probing the physical environment, for example by using specific mobile technology for measuring water quality, air temperature or carbon monoxide. Probes were used in 6 articles, published between 2004 and 2018. One example is Ambient Wood (Rogers et al., 2004), where students used a probe tool to measure light and moisture in a physical woodland. They could point the probe tool in the air in the ground or anywhere they liked to get a reading of light and moisture.

5. DISCUSSION AND CONCLUSION

One interpretation of the increasing number of articles published per year is that the interest in outdoor learning with mobile technology is still growing. In the first few years of this review, there were between two and three studies published on outdoor learning with mobile technology, whereas in the last few years of the review there were between five and nine studies published each year.

Most of the articles in this review were from Taiwan. This is in line with the results of the review of mobile learning in science by Crompton et al. (2016), who found that Taiwan was the most common country or region of study. It is also in line with the results of Crompton et al. (2017), who reviewed mobile learning in PK-12 education, finding that Taiwan had the highest number of publications. One difference was that the second most common country or region of study in this review was the UK compared to USA in second place in Crompton et al. (2016) and Singapore in Crompton et al. (2017). Notable is that the UK has the second highest number of articles published on outdoor learning with mobile technology, even though the last publication from the UK is from 2012.

Mobile phones or PDAs were the most common mobile devices. This is in line with the results of Crompton et al. (2016, 2017). The use of tablets has increased during the last eight years. Even though tablets have larger screen size, they were not predominantly used with group sizes of two or more students. Mobile phones, PDAs and tablets were used both for individual learning and when two or more students learned together. This adds to the suggestion by Crompton et al. (2016), that the type of mobile device does not matter, but rather that mobile devices have many functions and are easily accessible to students.

The first research question: “Which are the educational subjects and educational levels in outdoor learning with mobile technology?” can be answered with the following: The most common educational subject for outdoor learning with mobile technology was *biology* followed by *history* and *mathematics*. That biology was the most common subject is in line with Crompton et al. (2016). The most common educational level for outdoor learning with mobile technology was *primary or elementary school*. This is in line with the results of Crompton et al. (2016, 2017). There are differences between countries or regions regarding common subjects,

educational levels, and group sizes in outdoor learning with mobile technology. In five of the top seven countries, biology was the most common subject. In Sweden mathematics was most common and in USA natural science was most common. In five of the top seven countries primary or elementary school was the most common educational level. In the UK and Germany secondary school were the most common. In Taiwan, the UK, USA, Germany, and Finland higher education was the second most common educational level. In five of the top seven countries groups of two to three students was the most common. In Taiwan and Singapore, however, individual learning was the most common.

The second research question: “*What types of technologies for positioning or navigation, augmentation, and methods for data collection and annotation are used in outdoor learning with mobile technology?*” can be answered as follows: Technologies for positioning or navigation were common, reported in 65 of the 87 articles. *GPS* was the most common technology for positioning or navigation, reported in 46 articles, followed by *QR codes* (17), and *RFID* (7). That positioning or navigation was common is in line with the results of Suárez et al. (2018), who found that location guidance was common in mobile inquiry-based learning. *AR* was the most common technology for augmenting the outdoor learning environment, reported in 14 articles. The use of *AR* has also increased in the last two years of the review. Finally, *taking photos*, reported in 40 articles, followed by *taking notes* (20), and *recording audio* (13), were the most common methods for collecting data or making annotations. This is also in line with the results of Suárez et al. (2018), who found that data collection by using these methods were common in mobile inquiry-based learning.

A number of gaps have been identified in this review. First, the most common subject was biology. Future studies on outdoor learning with mobile technology may focus on other subjects further down the list. Second, all of the articles had students from primary or elementary school to higher education. Studies of outdoor learning with mobile technology in pre-kindergarten, kindergarten or pre-school are needed. Third, mobile phones were the most common mobile devices. Tablets were increasingly being used. Studies using smart watches are still lacking. Fourth, few studies used two technologies for positioning or navigation and no articles used three or more. Future studies could support the whole range from small-scale to large-scale positioning and navigation by using two or more technologies, available in mobile phones. Fifth, in many studies students took photos and notes by using mobile devices or other mobile technology. Only ten articles reported that video was used for data collection, and six articles reported that probes were used. More studies could use video or probes for data collection.

This review has a number of limitations. Even though the review method was applied in a thorough way, one limitation is that there may be articles fulfilling the inclusion criteria that were not identified through the database and manual search. Another limitation is that no inter-rater reliability check has been performed. One more limitation is that only articles published in English were included in the review.

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APPENDIX A: EXTRACTED DATA

Author	(Arrigo et al., 2008)	(Boticki et al., 2015)	(Burszlyn et al., 2017)	(Chen et al., 2016)	(Chen et al., 2011)
Subject	Economy, Tourism, Pedagogy	Biology	Geology	Natural science	Biology
Educational level	Secondary school	Primary school	Higher education	Elementary school	Elementary school
Country/Region	Italy	Singapore	USA	Taiwan	Taiwan
Mobile device	Mobile phone	Mobile phone	Mobile phone, Tablet	Tablet	PDA
GPS	x	x	x		
RFID					x
QR				x	
Compass					
Num code					
WiFi					
AR					
3D models					
Image rec					
Probe					
Photo	x	x			
Audio	x	x			
Video		x			
Notes	x	x			
Group size	2 to 4	1	1	1	1

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Author	(Chen et al., 2005)	(Chien et al., 2019)	(Chin et al., 2019)	(Chin et al., 2015)	(Cook, 2010)	(Costabile et al., 2008)	(Daher, 2017)
Subject	Biology	Biology	History	History	Archaeology	History	Mathematics
Educational level	Elementary school	Elementary school	Higher education	Higher education	Higher education	Middle school	Middle school
Country/Region	Taiwan	Taiwan	Taiwan	Taiwan	UK	Italy	Israel
Mobile device	PDA	Tablet	Mobile phone	Mobile phone	Mobile phone	Mobile phone	Mobile phone
GPS					x		
RFID							
QR				x			
Compass							
Num code						x	
WiFi	x						
AR		x	x				
3D models		x	x		x	x	
Image rec	x						
Probe							
Photo	x						
Audio							
Video					x		
Notes	x						
Group size	2	1	2	1	2	3 to 5	1

Author	(De Crom and De Jager, 2006)	(Dugstad Wake and Wasson, 2011)	(Edmonds and Smith, 2017)	(Efstathiou et al., 2018)	(Eliasson et al., 2011)	(Elyakim et al., 2019)	(Facer et al., 2004)
Subject	Tourism	History	Health Edu., Orientation	History	Mathematics	History	Biology
Educational level	Higher education	Secondary school	Higher education	Primary school	Primary school	Secondary school	Secondary school
Country/Region	South Africa	Norway	Australia	Greece	Sweden	Israel	UK
Mobile device	PDA	Mobile phone	Mobile phone	Tablet	Mobile phone	Tablet	PDA
GPS		x	x	x	x	x	x
RFID							
QR							
Compass							
Num code							
WiFi							
AR				x			
3D models							
Image rec							
Probe							
Photo	x	x	x	x		x	
Audio							
Video						x	
Notes	x		x	x			
Group size	1	3 to 4	5	2 to 3	3	4 to 5	5

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Author	(Folkestad and O'Shea, 2011)	(Hooper et al., 2008)	(Hsiao et al., 2010)	(Huang et al., 2019).	(Huang et al., 2010)	(Huizenga et al., 2009)	(Hung et al., 2013)
Subject	Biology	Language	Biology	Geology	Biology	History	Biology
Educational level	Elementary school	Primary school	Elementary school	Elementary school	Elementary school	Secondary school	Elementary school
Country/Region	USA	UK	Taiwan	Taiwan	Taiwan	The Netherlands	Taiwan
Mobile device	Mobile phone	PDA	PDA	Tablet	PDA	Mobile phone	PDA
GPS	x	x	x		x	x	
RFID				x			
QR							
Compass							
Num code							
WiFi		x					
AR	x			x			
3D models				x			
Image rec					x		
Probe							
Photo			x		x	x	x
Audio		x					
Video						x	
Notes		x	x				x
Group size	2	2	1	1	4	2 to 3	1

Author	(Hwang and Chang, 2016)	(Hwang et al., 2018)	(Hwang et al., 2016)	(Jong et al., 2012)	(Jong et al., 2018)	(Kacoroski et al., 2016)	(Kamaraainen et al., 2018)
Subject	Local culture	Local culture	Biology	Geography	Local culture	Natural science	Natural science
Educational level	Elementary school	Elementary school	Elementary school	Secondary school	Secondary school	Elementary school	Middle school
Country/Region	Taiwan	Taiwan	Taiwan	Hong Kong	Hong Kong	USA	USA
Mobile device	Tablet	Tablet	Mobile phone	Tablet	Tablet	Tablet	Mobile phone
GPS				x	x		x
RFID							
QR	x		x				
Compass							
Num code							
WiFi							
AR		x	x				x
3D models							x
Image rec							
Probe							x
Photo					x		x
Audio					x		
Video					x		
Notes							x
Group size	1	1	1	4 to 5	1	1 to 3	2 to 3

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Author	(Kapoun and Kapounová, 2016)	(Kissi and Dresemann, 2018)	(Kuikkaniemi et al., 2014)	(Kurniawan et al., 2017)	(Kurti et al., 2008)	(Kärki et al., 2018)	(Lai et al., 2015)
Subject	Biology	Biology	ICT	Biology	Biology, History	Biology, Health Edu., Mathematics	Biology
Educational level	Primary school	Secondary school	Middle school	Higher education	Primary school	Higher education	Elementary school
Country/Region	Czech Republic	Germany	Finland	Indonesia	Sweden	Finland	Taiwan
Mobile device	Tablet	Tablet	Mobile phone	Mobile phone	Mobile phone, PDA	Mobile phone	Tablet
GPS	x	x	x		x	x	
RFID			x				
QR		x			x		x
Compass							
Num code							
WiFi							
AR			x				
3D models							
Image rec							
Probe							
Photo		x	x		x	x	x
Audio					x		
Video					x		
Notes							x
Group size	2	2 to 3	3 to 4	9	3 to 5	2 to 6	1

Author	(Lai et al., 2014)	(Lai et al., 2013)	(Laru et al., 2012)	(Lee and Chang, 2014)	(Lemcke et al., 2015)	(Liao et al., 2012)	(Lima et al., 2012)
Subject	Biology	Biology	Biology	Natural science	Computer Science	Biology	Biology
Educational level	Elementary school	Elementary school	Primary school	Elementary school	Higher education	Elementary school	Elementary school
Country/Region	Taiwan	Taiwan	Finland	Taiwan	Germany	Taiwan	Portugal
Mobile device	PDA	PDA	Mobile phone	Mobile phone	Mobile phone	PDA	Mobile phone
GPS					x		x
RFID						x	
QR				x			
Compass							
Num code							
WiFi							
AR							
3D models							
Image rec							
Probe							
Photo	x						x
Audio	x						
Video							
Notes	x						
Group size	1	5	2 to 3	1	5 to 6	1	2 to 3

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Author	(Lin et al., 2018)	(Liu, 2009)	(Liu et al., 2009)	(Lohr, 2009)	(Marçal et al., 2015)	(Marçal et al., 2017)	(Marty et al., 2013)
Subject	History	Language	Biology	History, Language, Physics	Geology	Geology	Science
Educational level	Elementary school	Secondary school	Elementary school	Primary and Middle school	Higher education	Higher education	Elementary school
Country/Region	Taiwan	Taiwan	Taiwan	Austria	Brazil	Brazil	USA
Mobile device	Mobile phone	PDA	PDA	PDA	Mobile phone	Mobile phone	Tablet
GPS	x			x	x	x	
RFID			x				
QR		x					
Compass					x		
Num code							
WiFi							
AR		x	x				
3D models							
Image rec							
Probe							
Photo			x	x	x	x	
Audio		x			x	x	
Video			x				
Notes				x	x	x	x
Group size	1	1 and 5	1 and 6	2 to 3	1	1	2

Author	(McGreen and Arnedillo Sánchez, 2005)	(Meishar-Tal and Gross, 2014)	(Melzer et al., 2006)	(Metis and Väijätaga, 2018)	(Muñoz-Cristóbal et al., 2015)	(Nikou and Economides, 2016)	(Nouri and Cerrato-Pargman, 2015)
Subject	Geography	Sustainability	Geography, Mathematics, Physics	Biology	Language, Orientation	Biology	Biology
Educational level	Primary school	Higher education	Secondary school	Primary school	Primary school	Secondary school	Primary school
Country/Region	Ireland	Israel	Germany	Estonia	Spain	Greece	Sweden
Mobile device	Mobile phone	Mobile phone	PDA	Mobile phone	Tablet	Mobile phone, Tablet	Mobile phone, Tablet
GPS			x	x			
RFID							
QR		x		x		x	x
Compass							
Num code							x
WiFi							
AR					x		
3D models							
Image rec							
Probe			x				
Photo			x		x		x
Audio							
Video							x
Notes					x		
Group size	2	1	3	3	6	1	3

OUTDOOR LEARNING WITH MOBILE TECHNOLOGY: A SYSTEMATIC REVIEW

Author	(Nouri et al., 2011)	(Ogata et al., 2008)	(Osawa et al., 2007)	(Peng and Sollervall, 2014)	(Pfeiffer et al., 2009)	(Pombo and Marques, 2019)	(Rikala, 2015)
Subject	Mathematics	Language	Biology	Mathematics	Biology	Biology, History, Mathematics	Biology
Educational level	Primary school	Higher education	Higher education	Primary school	Higher education	Primary and Secondary school	Primary school
Country/Region	Sweden	Japan	Japan	Sweden	Spain	Portugal	Finland
Mobile device	Mobile phone	PDA	Mobile phone	Mobile phone	DVD	Mobile phone	Mobile phone
GPS	x	x					
RFID			x				
QR			x				
Compass						x	
Num code							
WiFi							
AR						x	
3D models						x	
Image rec							
Probe							
Photo		x				x	x
Audio		x					x
Video							
Notes		x					
Group size	3	1	5 to 6	2	1	3 to 5	1

Author	(Rogers et al., 2004)	(Rose et al., 2014)	(Schaal et al., 2018)	(Schwabe and Göth, 2005)	(Sharples et al., 2012)	(Shih et al., 2009)	(Sollervall et al., 2012)
Subject	Biology	Technology	Biology	Orientation	Geography	Biology	Mathematics
Educational level	Secondary school	Higher education	Secondary school	Higher education	Higher education	Elementary school	Primary school
Country/Region	UK	USA	Germany	Germany	UK	Taiwan	Sweden
Mobile device	PDA, Tablet	Mobile phone	Mobile phone	PDA	Mobile phone	PDA	Mobile phone
GPS	x	x	x	x	x		x
RFID						x	
QR		x					
Compass					x		
Num code							
WiFi				x			
AR							
3D models							
Image rec					x		
Probe	x						
Photo		x			x		x
Audio							x
Video					x		
Notes				x			
Group size	2	2 to 3	2 to 3	1 to 2	6 to 7	1	3

OUTDOOR LEARNING WITH MOBILE TECHNOLOGY: A SYSTEMATIC REVIEW

Author	(Song et al., 2012)	(Su and Cheng, 2015)	(Tan and So, 2013)	(Tan et al., 2007)	(Tarng and Ou, 2012)	(Taruni et al., 2008)	(Winter and Penberton, 2011)
Subject	Biology	Biology	Biology, Geography, History	Sustainability	Biology	Geology	History, ICT, Language, Mathematics
Educational level	Primary school	Elementary school	Secondary school	Primary school	Elementary school	Secondary school	Primary school
Country/Region	Singapore	Taiwan	Singapore	Singapore	Taiwan	Japan	UK
Mobile device	Mobile phone	Mobile phone	Tablet	PDA	Mobile phone	Mobile phone	Mobile phone
GPS		x	x		x	x	x
RFID							
QR		x					
Compass							
Num code							
WiFi							
AR					x		
3D models					x	x	
Image rec							
Probe			x				x
Photo	x			x			
Audio							
Video							
Notes	x						
Group size	1	3 to 5	4 to 5	4	1	2 to 3	4

Author	(Wong and Looi, 2010)	(Woodgate et al., 2008)	(Wu et al., 2010)	(Young et al., 2008)	(Zacharia et al., 2016)
Subject	Language	Science	History	Biology	Biology
Educational level	Primary school	Secondary school	Elementary school	Elementary school	Elementary school
Country/Region	Singapore	UK	Taiwan	Taiwan	Greece
Mobile device	Mobile phone	Mobile phone	Mobile phone	Mobile phone, PDA, Tablet	Mobile phone
GPS		x			
RFID					
QR			x		
Compass					
Num code					
WiFi					
AR					
3D models					
Image rec					
Probe		x			
Photo	x	x		x	x
Audio					
Video					x
Notes					
Group size	1	1	1	5 to 6	4